



## **FREQUENTLY ASKED QUESTIONS ABOUT SHORELINE FIRE CPR CLASSES**

**My employer says I need a CPR card. Which class should I take?** The Heartsaver Class that we teach on the first Saturday of every month is sufficient for most occupations. Be sure to check with your employer on any specific requirements. First Saturday class is from 0830 to 1230 at 17525 Aurora Avenue North. Call 206-533-6500 to register.

**I already know CPR...can I just come and take the test?** Studies show that most people lose their skills after one year. So taking a class again is a good way to keep those skills fresh. We don't provide refresher classes.

**I just need infant/child CPR class...can I do that?** We recommend you take the full Heartsaver class from 8:30 till 12:30 on the first Saturday of each month. It includes infant and child and you can ask the instructor for emphasis on children if you prefer.

**I need First Aid and CPR...where can I get that?** Call **ABC First Aid & CPR** at 206-349-9218. You can also contact local hospitals or the American Red Cross.

**I just need First Aid. Is there a stand alone class?** The **American Red Cross and some hospitals** teach First Aid as a stand alone class to individuals. **Call 206-726-3534**

**I am a healthcare worker, lifeguard, nurses aid...do you have Healthcare Provider classes?** Not for individuals. We only teach groups. Call the **American Heart Association (206) 341-5024** .

**We have 40 people who need CPR...can you help?** You will need to schedule two classes. We have a 20-student maximum. Or you could send some to our First Saturday class.

**We only have 5 who need the class...?** Our minimum is 10 for groups. You'll end up paying for 10, even if 5 only show up. So you should have your people attend the First Saturday class.

**We didn't realize our cards were all expired. Can you teach us this week?** No. We need at least two weeks notice to schedule our instructors. Please call one of our referrals to see if you can get a class sooner.

**Are children allowed to take the classes?** We recommend that students be at least 12 years old, though we make exceptions in accordance with parent's permission.